

| Numéro du livre | Auteur | Livre |
|------------------------|---|--|
| 1 | Shane Snow | Smartcuts |
| 2 | Ryan Holiday | Obstacle is the Way |
| 3 | Barbara Oakley | Learning How to Learn |
| 4 | Matthew Walker | Why We Sleep |
| 5 | Anders Ericsson | Peak |
| 6 | Daniel Kahneman | Thinking Fast and Slow |
| 7 | Charles Duhigg | The Power of Habit |
| 8 | Brian Tracy | Eat that Frog! |
| 9 | Joshua Foer | Moonwalking With Einstein |
| 10 | Cal Newport | Deep Work |
| 11 | Cal Newport | So Good They Cant Ignore You |
| 12 | Neil Strauss | Emergency |
| 13 | Scott Adams | How to fail at almost everything and still win big |
| 14 | Daniel Pink | Drive |
| 15 | Scott Young | Ultralearning |
| 16 | Josh Kaufman | The first 20 hours |
| 17 | Steven Pinker | How the Mind Works |
| 18 | Peter Brown, Henry Roediger & Mark McDaniel | Make it Stick |
| 19 | Kevin Horsely | Unlimited Memory |
| 20 | Carol Dweck | Mindset |
| 21 | Robert Maurer Ph.D. | Kaizen |
| 22 | James Clear | Atomic H |